



SAGE COLLEGE

Newsletter

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HAPPY INTERNATIONAL WOMEN'S DAY

A very special assembly honoring the women of our lives

On the occasion of International Women's Day, some of our students decided to tell us a little bit about important women in their lives. Among scientists, sportswomen and artists, the figure of our mothers, who look after us, accompany us, teach us or prepare delicious food, among many other virtues and qualities, stood out above all others.

HOUSE POINTS FEBRUARY



613



613



544



558



MESSAGE FROM OUR HEAD

Dear Sage College community,



We continue to move towards the end of the second term looking forward to what the near future holds. The completion of the new sports facilities, the Movement in March, assessment week and the arrival of the good weather and Easter holidays are keeping us active and we are all looking forward to giving our best.

This week we remembered the women in our lives, for International Women's Day, in the Whole School Assembly and our pupils were able to publicly thank their mothers, grandmothers and friends for the importance they have and have had in their lives. We also had the pleasure of honouring the members of our Administration, Marketing and Admissions teams for their hard work, not always visible, but so vital to our school. As it happens, they are all women. I would like to take this opportunity to acknowledge and thank Cristina, Alejandra, Laura, Evelyn, Carmen, Silvia and Toñi for the enormous amount of work they do on a daily basis.

Mr Wickham

-EARLY YEARS NEWS-

INDEPENDENT IS THE BEST THING YOU CAN BE!

The Friendly Frogs grow in their autonomy

Autonomy and independence in Early Years means **letting children know that they have control over themselves and the choices that they make.** From the activities they participate in, to how they play and interact with peers, autonomy plays a role in everything a child does in the classroom.

The **Friendly Frogs** are being encouraged to be as **autonomous and independent as possible** in the Nursery class to help them to develop their sense of self. Offering them choices, respecting their opinions and efforts when completing a task, giving them responsibilities, allowing them to learn from mistakes, building a culture of trust, etc. are some of our aims for this year.



And how can you promote, as parents, your children to make your children more autonomous and independent at home?

Here are some **examples**:

- Providing rational rules and behavior expectations.
- Establishing a safe, nurturing and predictable environment at home, sometimes even using visuals for developing independence, self-regulation and self-confidence.
- Encouraging your children to try tasks they haven't done before.
- Allowing them to dress and undress, doing and undoing their buttons and zippers. Also washing their hands and face, brushing their teeth and managing their toileting needs.
- Taking part in some home chores, such as setting the table or cleaning up when finished, cleaning the dust, watering the plants, making their beds, putting their toys away or their clothes in the laundry basket, etc.

Because independence is the best thing your children can ever be!

-EARLY YEARS NEWS-

MOOO!BEEEEE!QUACK, QUACK! Living in the Farm

The **Dinky Ducklings** have always been very interested in both books and learning about animals. So this week it was the turn for the animals that we can find in a **Farm**.

In the **book 'Horsey Horsey'** that Miss Ana has been reading to them this week they have seen the animals they play with in the class every day such as the cow, the horse, the sheep, the duck, the goat, the dog, the cat, the rabbit etc. Our little ones have learned their names and also the sounds they all make. Here you can see **how fun it was to learn about these new friends through literacy**. See you next time!





EASTER BONNET

Parade '23

Friday 31 March



Design your Easter bonnet and show it in our fantastic parade!!



-PRIMARY NEWS-

Andalusia Day Celebration Television program

Last week we celebrated Andalusia Day in a very special way.

We connected with the **Sage Studios** from where our colleagues Nicolás Wickham and Mariela Girón gave way live to the reporters distributed throughout the eight Andalusian provinces. The public gathered there has learned a little more about our most relevant characters in different areas, from **poets, composers, Nobel Prize winners in Literature, painters...** How much art in our land! In addition, in our studios we were able to hear two **poems about Andalusia** recited with great art and salt by our Y2, Y4 and Y5 students.



Movement in March

It has been an exciting week in Primary with students participating in many activities involving movement. Mrs Sawyer and Mr Earnshaw started the month off in the park with a whole school warm up and strength activity. The children have also experienced **yoga, aerobics, zumba and flamenco during their break times.**

Mrs Sawyer and Mrs Westwood have led a **running around the lake group** and Mrs Earnshaw has taken the Year 6 for a quick walk around the lake during her lunch break.

The children have also enjoyed a house basketball shoot out at lunchtime. The month continues next week with more break time activity and a **house tennis rally challenge.**

Let's keep moving!



Sage College
The British International School of Jerez

MOVEMENT IN MARCH '23

Activities

Opening ceremony at the park in front of the school - Friday 3rd, 9:00h.

Primary break times (Mon-Thurs.):

- o **Running club** around the lake.
- o **Yoga, flamenco, zumba, football exercises, etc.**

Secondary break times

- o **Tournaments** such as **soccer, volleyball, table tennis, etc**

End of "Movement in March" with an **Inter-House Lake Fun Run** - Wednesday 29th, 14:40h



If children are in formal uniform, they can bring their sneakers to change into on that day to take part.



-MIDDLE SCHOOL NEWS-

CULTURAL IMMERSION We speak Spanish

This week, **ELE students have been working on a project about Andalucía.** After doing some research about interesting places in Andalucía, they have been able to **expose their project to their classmates by using their Spanish.** They have learnt how diverse our Autonomous Community is and they are expecting to discover more about it!



-HIGH SCHOOL NEWS-

INTERNATIONAL Working together

Our Year 12 Travel and Tourism students organised two events as part of their Cambridge coursework and in tune with one of the Sage values:

"International". Each event was led by two teams: **PRODUCTIVA and INTERNATIONAL FLAVOUR.**

Productiva organized a **Spanish cultural day** for our Year 9 students. The Y9 Sagers were able to enjoy a **flamenco class and a bull fighting talk, taste traditional food and face painting** as well as traditional music.

International Flavour organised a **Spanish cooking class** for our international students in Y11, 12 and 13. These Sagers learnt how to make **gazpacho and Spanish omelet**, and they took part in a venencia competition where they also learnt about this local tradition.

We would like to thank Luis Caballero, from Bodegas Caballero, and Carmelo García, from Espectáculos Carmelo García, for their collaboration in the organisation of the events.

The feedback was excellent, a complete success!
Well done, guys!



EXCELLENCE New challenges

Our **Year 13 Física EvAU** students, **Enrique Mestre, Ignacio Mestre and Gonzalo Vela** participated in the **"Olimpiada de Física"** which was held at University of Cádiz. In particular, **Gonzalo and Enrique were awarded with the 2nd and 3rd position**, respectively. We would like to congratulate them for all their effort and for the fantastic results.



SKI WEEK

Sierra Nevada 23



The ski trip to Sierra Nevada was a great success! The sunshine and good weather accompanied us throughout the week during which we were able to enjoy skiing and strengthen friendships between students from across the school, from Year 3 to Year 13 and many other activities such as the visit to the Sierra Nevada High Performance Sports Centre. We ended up exhausted but very happy and looking forward to coming back next year to continue enjoying the snow!





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