



# SAGE COLLEGE

## Newsletter

n.31

# SAGE SPORTS WEEK



*Sage College students and staff at Chapin Stadium*

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## HOUSE POINTS



## MESSAGE FROM OUR SCHOOL HEAD:

Dear Sage College Families and Students,

In September, when the School Year began full of uncertainty and Covid measures, I would never have imagined that at this point we would be celebrating a week like the one we have experienced. Leaving aside the competitive aspect of sport, which has its importance, this week the "Sage" values such as team spirit, effort, respect and solidarity that are so valued at Sage have been present at all times. Sport has been the vehicle through which we have felt like a great family, enjoying the successes of some and encouraging those who had not managed to reach the goal. The four Sage Houses, Fire, Air, Earth and Water worked together in a week full of excitement that began with the Opening Ceremony and our first "Whole School Assembly" in which we felt like one (and great) school, from the little ones in EYFS to our Year 13 aged 18. I greatly appreciate the effort made by the teachers, especially Mr Mañanas, Mr Fletcher and Mr Ambrose for making this week possible and allowing us to, once again, experience the beauty of sport at Sage.

*Mr Wickham*

# -EARLY YEARS NEWS-

Mini

## SPORTS WEEK



Ready, Set, Go..., and they're off!!!!

The little Sagers have had a very active Sports Week and taken part in just as many activities as the rest of the school. We began the week on Tuesday with Cosmic Yoga and Dancing. Wednesday was the annual Sports Day event and Thursday and Friday the little sagers took active local walks around the lake and up to the local park. It's been a very busy four day week and all the children have made their teachers and parents very proud of their team work and participation.

Great effort, Little Sagers!



# -PRIMARY NEWS-

## SPORTS WEEK



Last Wednesday we went to the **Olympic Stadium of Chapin, in Jerez de la Frontera**. There, we had the incredible opportunity to take part in many **athletic events** such as sprints, javelin throw, long jump or relay races.

We enjoyed it all together and had the chance to show all the amazing **athletic skills that we have been practicing for 3 weeks at school**. We enjoyed so many feelings!

But if we need to choose the most important, it is **friendship!**

All of us here at Sage College have had an absolute blast during sports week. Key Stage 1 had their own events on Tuesday with events such as a balancing race and a three-legged race. They all showed great determination and passion. It was great to see such a competitive attitude from all.



On the Thursday Key Stage 2 then had their turn at their own events. They competed in wheelbarrow races and skipping races. They cheered each other on and worked as a team when they needed to, which is what we are all about here at Sage College.



# -MIDDLE SCHOOL NEWS-

## The Jerez Horse Fair

Every "jerezano" enjoys and is proud of our fair as we know it now, but perhaps there are many things about its history that you may not know:

### ALFONSO X "THE SAGE"

The **origins** of this festive week come from **King Alfonso X**, after whom our school is named. It was El Sabio who granted to the city two fairs in **1264** - the one in April and the other in September. At that time it was the kings who gave the "green light" to the celebration of **events that replaced the medieval fairs.**

### LIGHTING

It is difficult to imagine that it was the neighbours themselves who lit the streets of the fair with **lamps that they placed in the doorways of their houses.** And all the neighbours had to place them since anyone who did not put up their fire was fined with ten maravedis (currency of the time). It was the 15th century.



### TENTS

With **four poles and two pieces of cloth** those historical booths were once assembled, which have given way to the current ones, perfectly designed, heated in many cases and with all present day comforts.



*El Real de la Feria en los años 20.*



### THE FAIR AT SAGE COLLEGE

For years the fair has always been an event **awaited by everybody in Jerez;** in our school it has been an unavoidable reason for celebration and one that all the teachers have enjoyed very much. **Hopefully next year we can enjoy it as we have always done.**



# SPORTS WEEK

Ancient Greeks used to take parts in Track & Field games and athletic competitions. These events were so transcendent to them that they even stopped wars to participate. They compete in the name of their gods and the award was an olive leaf crown. Last Wednesday we honoured this millennial tradition, competing in peace, in honouring our effort, our house colours, the fair play or the friendship between us all. Our trophies were not only the amazing medals we received or the points to our houses, but mostly the satisfaction of giving our best with our classmates and our teachers. Long life to Sports Day!

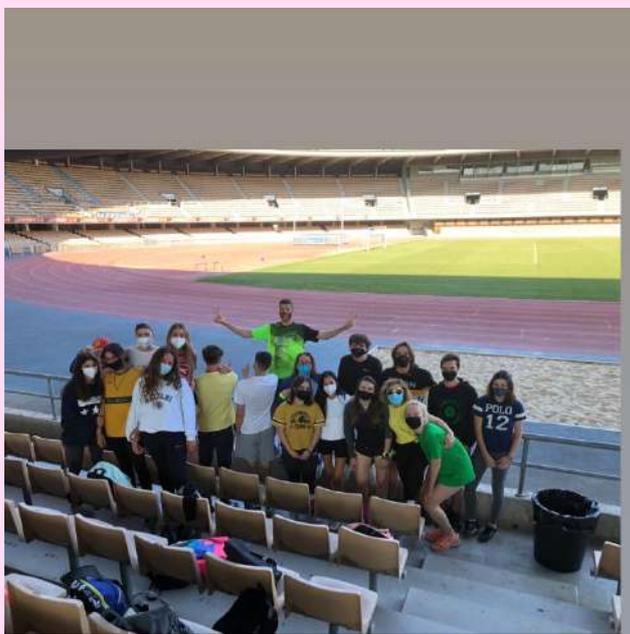


# -HIGH SCHOOL NEWS-

## SPORTS WEEK

In this unique and difficult year, it is important that our students can start to enjoy different activities that contribute to their holistic education and development. Of course, always following the COVID protocol. Moreover, they are in the middle of their exam period. In such an important period of their lives, when they start to open and define doors to their future, it is key that they complete other activities that help them to focus in a better way when they study. It is clear how beneficial sport is for cognitive processes, apart from the obvious positive contribution to mental and physical health. For that reason, we would like to encourage our students to do sports.

For all the aforementioned reasons, this week, our students have participated in the Sports Week. They enjoyed doing different activities, and contributing to their house points. This highlights one of the most important skills that our students can get: teamwork. We would like to thank and give them a big applause for their fantastic attitude during these events.



Year 12 & 13  
Sports Day!

## NEW STUDY AND LEARNING SPACE

Our Year 11, 12 and 13 students can enjoy a new space for their study time periods. We encourage them to have a good organisation so that they can use these periods in the best way possible. Diversity and different learning styles are very important. The new space allows students to have different learning spaces in the same study room, which will contribute to their learning in a very positive way.



# SCHOOL NUTRITIONIST TIPS



A scrumptious  
and  
wholesome  
treat that the  
whole family  
will love!



## MEET OUR STAFF

THIS WEEK...

Ms Domecq



### ABOUT ME...

Hello, my name is Rocío, I was born in Jerez, but I have travelled and lived in other places such as the United States and Zambia (Africa). I am married and have 4 wonderful children. I am enthusiastic about children and it was one of the reasons why I studied Special Education. Before finishing my degree, I embarked on a Therapeutic Riding project helping children with special needs, as my family was born among horses and putting the two together was an exciting adventure. I continued with new teaching projects from which I learnt a lot. I came to the SAGE family in September 2018 and what I like most about my job is that every day is different and that is what makes it exciting. Every child is unique and it becomes a daily challenge.

### HOBBIES AND PASSIONS...

I am lucky enough to have a big family and what I enjoy most is spending time in the countryside with them. I love nature, horses, hunting, organising an improvised picnic and enjoying the outdoors. I have fun spending time and laughing with my good friends. In my spare time I enjoy helping in the Delegation of Missions, which is involved in sending aid to the poorest countries. Ahh... I also love listening to music!!!

DON'T FORGET TO FOLLOW US!



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